



**MINUTES OF THE WELLBEING COMMITTEE MEETING OF THE PARISH
COUNCIL HELD ON
WEDNESDAY 30th SEPTEMBER 2020 AT 7.30PM AT THE GORE.**

166/20 To record those present and list of apologies

Those Present: Councillors: C Chapman and K Lamb.

Non-Council Committee Members – J Lamb, H Clements, A Gallon, M Martin, S Jacob and the Clerk.

Apologies: Cllr S Peall. Non-Council members J Moat and S Scott.

167/20 To declare any Disclosable Pecuniary Interests (DPI), Other significant Interests (OSI's) or a Voluntary interest relating to items on the agenda.

None were declared.

168/20 Age UK

The Chairman gave a synopsis of the Age UK report. *Please see Appendix 1.*

169/20 Future Projects

A number of projects were discussed however, with the current Government guidelines they will have to be deferred until restrictions are eased.

The meeting was advised that the ERA Friendship Lunches are recommencing this month, 2 / 3 times a month.

It was agreed that S Jacobs would liaise with the two public houses to see if they could cater for coffee mornings for small groups of people.

170/20 Volunteer Groups

It was agreed that contact would be made with the previous Volunteer Groups to ascertain if members would be happy to volunteer again should we have a Circuit Break of National Lockdown.

It was agreed to speak to the local businesses to see if they would provide the same services as they did in lockdown, and how they feel their services could be improved.

171/20 Date of Next meeting and Close

A Wellbeing Committee meeting of the Parish Council will take place on Wednesday 25th November 2020 at 7.30pm.

There being no further business the meeting closed at 9.10pm

Appendix 1 – Age UK Hythe and Lyminge report

Over the last 7 months we have had to adapt very quickly to meet the needs of our community.

When lock down was announced we became one of the Community Hubs providing emergency support for those living in and around Hythe and Lyminge, which included shopping, medication deliveries, dog walking, befriending, telephone welfare calls and support to our GP's to contact their most vulnerable due to shielding.

We are still delivering these services and will continue to do so all the time they are needed.

The Lyminge centre closed when we went into lockdown as did the Hythe Centre to our clients.

Over the last few months, we have slowly and steadily opened our doors and invited our clients back into our centre to take part in activities and interact with others. Pre – Covid we informed the community that due to the reduction in attendance at Lyminge we were changing the support offered from the Lyminge centre to bespoke to those living with Dementia, whilst supporting those living in Lyminge and surrounding villages from Hythe. This would give those attending access to increased opportunities with regards to activities and the opportunity to meet and socialise with a higher number of people. Transport would be provided at no additional cost to the client.

Following lock down and the reluctance of our clients to come out, what we do not want to do is to unsettle clients needlessly. As we are inviting clients to currently attend Hythe in Social bubbles, we do not want to create bubbles at Lyminge that we may have to cancel or change later down the line, therefore it has been agreed by the Trustees to continue to support those that previously attended Lyminge from Hythe, invited others from the area to attend also.

By doing this we can fully offer services for those living with Dementia from a bespoke unit in Lyminge. The unit is now open. We can currently offer 3 places in our secure unit 5 days per week, we will increase this to 4 in the coming weeks. We are also offering 3, soon to increase to 4 places on Tuesdays and Wednesday for cognitive therapy sessions. We will soon be looking at offering coffee mornings for our carers from the Lyminge centre.

We are restricted on the number of clients that can attend the Lyminge unit due to social distance restrictions and space.

The café and charity shop is due to re-open at Lyminge on the 5th October. There are strict rules in place to ensure we are adhering to government advice. Donated goods can be dropped off at the Lyminge centre on Thursdays only between 10 and 12. Donated items must be left outside the main door under the porch. This will allow us to ensure there is a 78-hour isolation period for goods before they are displayed for sale. The charity shop will have a separate entrance and exit to the café and the

café is table service only, customers are asked to wear a mask when the move around the café or use the facilities.

We are doing our best to ensure we maintain a community facility at Lyminge, although the client group we are supporting form there is different, anyone is welcome to come in and see us and support will always be offered regardless.

If you have any questions or need further information, please contact me on 01303 269602 or drop me an email co@ageukhl.org.uk

Thank you